



PARTY/CATERING PLATTER MENU

AND OTHER DELIGHTFUL EATS TO ENTERTAIN

**NEW BABY. BIRTHDAY. WEDDING. OR
JUST FRIENDS DROPPING BY.
WHATEVER THE VIBE!
ONE CALL THE DAY BEFORE =
ENTERTAINMENT SORTED.
34 SOUTH STYLE.**

**FOR ENQUIRIES AND ORDERS
ASK FOR ANTOINETTE, NAZEEM OR GEORGE
OR EMAIL US AT ANTOINETTE@34SOUTH.BIZ**

LIFE'S TOO SHORT FOR BORING PARTIES



**LASAGNE – COTTAGE PIE –
ENCHILADAS – STIRFRY**

**YOU BRING
THE DISH,
WE BRING
THE MAGIC**

**CHOOSE ANY OF OUR HOME-STYLE
FAVOURITES, BRING ALONG YOUR
CASSEROLE, DISH, OR PLATTER,
AND WE'LL COOK AND PLATE IT
BEAUTIFULLY FOR YOU.
TAKE IT HOME, SERVE IT UP, AND
LET YOUR FRIENDS AND FAMILY
THINK YOU DID ALL THE HARD
WORK.
WE WON'T TELL IF YOU DON'T.**



**CURRIES – STEWS – PASTA –
BOBOTIE – SEAFOOD PIE**



RETAIL STORE IT'S A LIFESTYLE CHOICE



STEP INTO OUR RETAIL STORE AND DISCOVER A TREASURE TROVE FOR FOODIES, CHEFS, AND CONNOISSEURS ALIKE. FROM AN EXCEPTIONAL WINE SELECTION, FEATURING BOTH LOCAL GEMS AND INTERNATIONAL FAVORITE TO HANDPICKED GIFTS FOR EVERY AGE, DELI, BUTCHERY AND BAKERY, THERE'S SOMETHING SPECIAL WAITING FOR EVERYONE.

INDULGE IN SWEETS SOURCED FROM ACROSS THE GLOBE, FROM THE NETHERLANDS AND THE UK TO THE USA, OR TREAT YOURSELF TO OUR CHEESES, DIPS, FRESHLY MADE BITES, HEARTY MEALS, PREMIUM MEATS, AND SEAFOOD, PERFECT FOR ANY OCCASION. AND BEYOND THE FLAVOURS, EXPLORE OUR EXCLUSIVE NAUTICAL CLOTHING RANGE, DESIGNED TO BRING A TOUCH OF COASTAL STYLE INTO YOUR WARDROBE.



THE CLASSIC PLATTERS

Easy, Simple and
Absolutely Delicious

FILLET PLATTER

BEEF FILLET, ROLLED IN OUR FAMOUS ROSEMARY & ROCK SALT MIX, FLAME-SEARED TO A CHAR OUTSIDE. TENDER AND JUICY INTERIOR. EACH SAVOURY BITE UNVEILS A SYMPHONY OF ROBUST FLAVOURS, AND A SUBTLE SMOKINESS THAT LINGERS ON THE PALATE. AFTER SLICING WE SPRINKLE THE MEAT WITH SMOKED SEA SALT, OLIVE OIL, FRESH ROSEMARY, AND CRUSHED BLACK PEPPER.

500G – R359

1KG – R715

1.5KG – R1069

2KG – 1425



PRAWN PLATTER

SUCCULENT DESHELLED PRAWNS GRILLED IN GARLIC BUTTER, SEASONED TO PERFECTION. THE FIRM TEXTURE GIVES WAY TO A BURST OF MARITIME FLAVOUR, CREATING A DELIGHTFUL CULINARY EXPERIENCE. WE FINISH OFF OUR PRAWNS WITH GARLIC & CHILLI OLIVE OIL. SERVED WITH A VIETNAMESE DIPPING SAUCE. HOW BIG IS THE PLATTER...? WELL, THAT IS UP TO YOU.

QUAYSIDE PRAWNS

R8 EACH

QUEEN PRAWNS

R16 EACH

KING PRAWNS

R35 EACH





THE CANAPE PLATTER

Tiny, tasty, totally
unforgettable.

40 PIECES

WHAT'S INSIDE

MINI PREGO STEAKS

PROUDLY SOUTH AFRICAN! MINI CIABATTA ROLLS, FILLED WITH FLAME-GRILLED STEAK, BASTED WITH A SPICY AND FLAVOURFUL PERI PERI SAUCE



CHICKEN KEBABS

SKEWERED PIECES OF CHICKEN BREAST, ALTERNATING WITH PEPPERS AND ONIONS, BASTED IN OUR HOMEMADE BBQ BASTING SAUCE



SPANAKOPITA CIGARS

A GREEK DISH WHERE A FILLING OF SPINACH AND FETA IS ROLLED IN PHYLLO PASTRY AND FRIED TILL CRISPY AND GOLDEN BROWN



KOFTA WRAPS

MOROCCAN SPICED BEEF MINCE BITES, SERVED IN A MINI TORTILLA WITH HUMMUS, COLESLAW, TZATZIKI AND TOMATO



CALAMARI & CHORIZO BRUSCHETTA

CRISPY TOASTED BAGUETTE RUBBED WITH GARLIC BUTTER, TOPPED WITH A MIXTURE OF CALAMARI, CHORIZO PORK SAUSAGE, RED PEPPERS AND OLIVES



R535

**SERVES
6-8 PEOPLE**

RECOMMENDED:

CHECK OUT OUR DELI TUBS IN OUR RETAIL CONVENIENCE ALLEY FOR TOP UPS TO THE PLATTER OR FRESH BREADS FROM THE BAKERY

FILLINGS CAN BE SUBSTITUTED WITH OTHER OPTIONS, TO FIT DIETARY REQUIREMENTS



THE SANDWICH PLATTER

The easiest way to feed
AND satisfy a crowd

40 PIECES

WHAT'S INSIDE

CHICKEN MAYO

OUR DELICIOUS CHICKEN MAYO WITH FRESH CRISP
LETTUCE

SALAMI AND CHEESE

CERVELAT SALAMI AND GOUDA CHEESE

HAM & CHEESE

CLASSIC GYPSY HAM AND GOUDA CHEESE

CHEESE AND TOMATO

FRESH TOMATO SLICES AND GOUDA CHEESE

B.L.T

BACON, LETTUCE AND FRESH TOMATO

R365

SERVES
6-8 PEOPLE

DID YOU KNOW?:

WE USE OUR FRESHLY BAKED
ARTISANAL BREAD, WHICH INCLUDES
CIABATTA, HEALTH BREAD, PANINI,
AND SOURDOUGH RYE



FILLINGS CAN BE SUBSTITUTED WITH OTHER OPTIONS, TO FIT DIETARY REQUIREMENTS



THE QUAYS PLATTER

Where land meets sea,
all on one board

40 PIECES

WHAT'S INSIDE

CAPRESE KEBABS

KEBABS WITH TRADITIONAL CAPRESE INGREDIENTS:
MOZZARELLA CHEESE, COCKTAIL TOMATOES AND FRESH BASIL,
DRIZZLED WITH DELICIOUS BASIL PESTO DRESSING



ASIAN RIBS

PORK RIBS TOSSED IN A SPICY ASIAN STICKY SAUCE, TOPPED
WITH SESAME SEEDS



SMOKED SALMON BRUSCHETTA

CRISPY GARLIC BUTTER BRUSCHETTA TOPPED WITH SMOKED
SALMON, CREAM CHEESE, ROCKET, RED ONION AND CAPERS



SMOKED CHEESE PUFFS

CLASSIC PIGS IN A BLANKET. CHEESE GRILLER SAUSAGE,
ROLLED IN CROISSANT PASTRY & BAKED TILL GOLDEN BROWN



BEEF KEBABS

CUTS OF BEEF SIRLOIN, SPICED MOROCCAN STYLE, SKEWERED
WITH RED & GREEN PEPPER AND DRIZZLED WITH THYME OIL



R615

**SERVES
6-8 PEOPLE**

RECOMMENDED:

CHECK OUT OUR DELI TUBS IN OUR
RETAIL CONVENIENCE ALLEY FOR
TOP UPS TO THE PLATTER OR FRESH
BREADS FROM THE BAKERY

FILLINGS CAN BE SUBSTITUTED WITH OTHER OPTIONS, TO FIT DIETARY REQUIREMENTS



THE ANTIPASTO PLATTER

Cheese, charcuterie,
olives, love

BEST SERVED WITH WINE

WHAT'S INSIDE

CURED MEATS

A SELECTION OF CHOICE ITALIAN COLD MEATS THAT INCLUDES
HAM, SALAMI, CRUDO AND PROSCIUTTO



CHEESE OF THE WORLD

A SELECTION OF DIFFERENT CHEESES. THESE CAN INCLUDE
BRIE, GOUDA, FETA AND MOZZARELLA



OLIVES

ONLY THE FINEST CALAMATA OLIVES, MARINATED IN OUR IN-
HOUSE PICKLE SAUCE



ARTICHOKES

MARINATED ARTICHOKE HEARTS IN A GARLIC & CHILLI SAUCE



SUNDRIED TOMATOES

CLASSIC SUNDRIED TOMATOES FULL OF FLAVOUR AND ZING



MINI BREADSTICKS

EIGHT MINI FAMOUS ROCK SALT & ROSEMARY BAGUETTES



R525

**SERVES
6-8 PEOPLE**

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RETAIL CONVENIENCE ALLEY FOR
TOP UPS TO THE PLATTER OR FRESH
BREADS FROM THE BAKERY

FILLINGS CAN BE SUBSTITUTED WITH OTHER OPTIONS, TO FIT DIETARY REQUIREMENTS



THE DELI PLATTER

A spread of dips,
pickles, and deli
favourites

SHARING IS CARING

WHAT'S INSIDE

PICKLED FISH

PERFECT GOUJONS OF HAKE, FLOURED AND FRIED, PRESERVED
IN A CURRY SPICED VINEGAR SAUCE. IT IS TANGY, SAVOURY,
AND DELICIOUS

SNOEK PÂTÉ

A PROUDLY SOUTH AFRICAN TRADITIONAL DISH: SMOKED SNOEK
BLENDED WITH SPICES, CREAM CHEESE AND MAYONNAISE

TARAMASALATA

A SMOOTH SPREAD MADE FROM SALTED AND CURED FISH ROE.
THE ROE IS BLENDED WITH WHITE BREAD, OLIVE OIL, LEMON,
AND GARLIC FOR A VELVETY, CREAMY FINISH

DOLMADES

GRAPE VINE LEAVES STUFFED WITH A MIXTURE OF SEASONED
RICE PRESERVED IN OLIVE OIL

ROLLMOPS

PICKLED HERRING FISH. THE HERRING FILLETS ARE ROLLED
OVER A FILLING, OFTEN PICKLES, AND SEASONED WITH
MUSTARD SEEDS

VEGETABLES

MARINATED ARTICHOKE HEARTS, OLIVES, AND ROASTED
VEGETABLES

R435

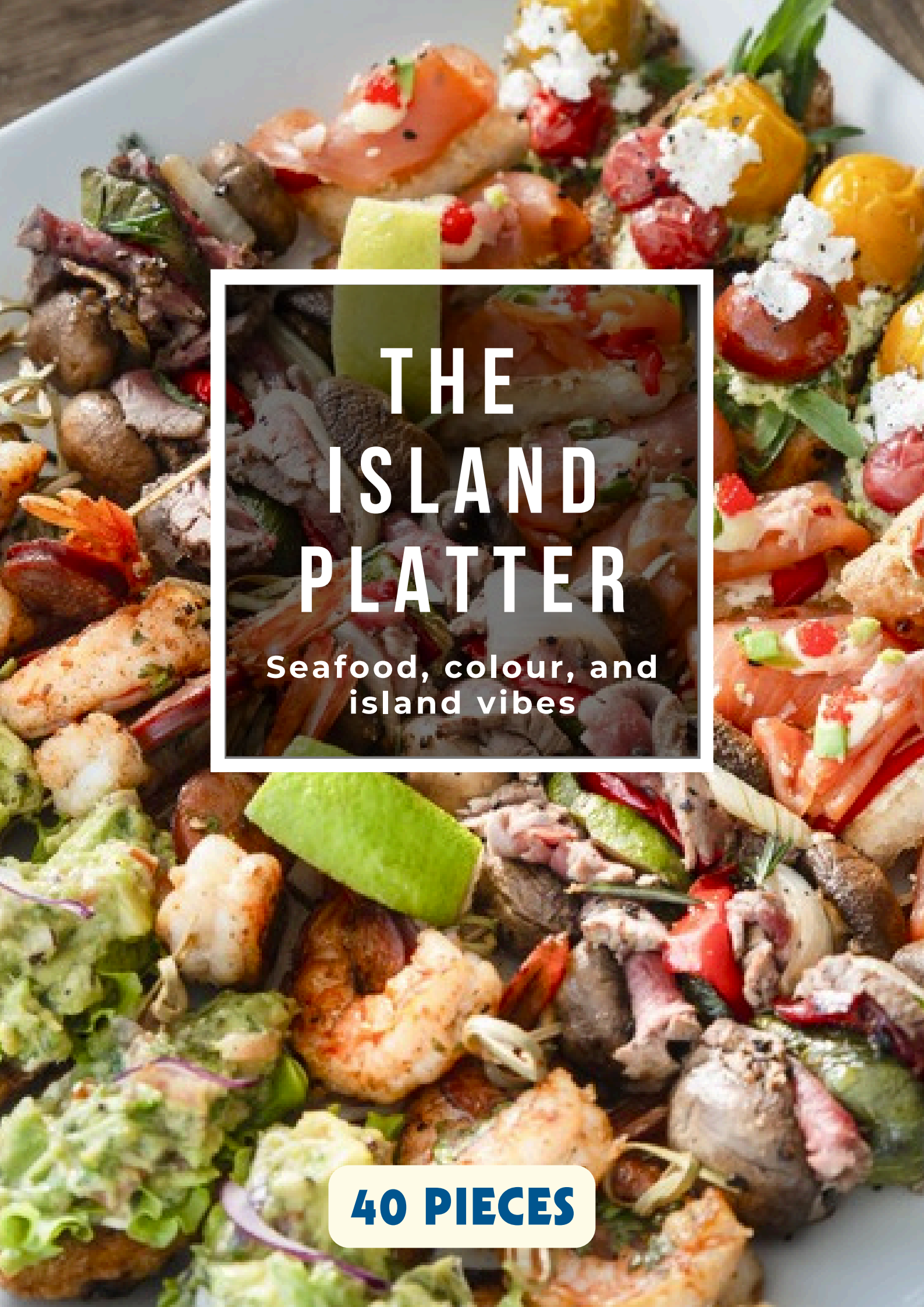
**SERVES
6-8 PEOPLE**

RECOMMENDED:

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RETAIL CONVENIENCE ALLEY FOR
TOP UPS TO THE PLATTER OR FRESH
BREADS FROM THE BAKERY



FILLINGS CAN BE SUBSTITUTED WITH OTHER OPTIONS, TO FIT DIETARY REQUIREMENTS



THE ISLAND PLATTER

Seafood, colour, and
island vibes

40 PIECES

WHAT'S INSIDE

SUSHI CANAPÉ

PANKO FRIED SUSHI RICE, TOPPED WITH CREAM CHEESE,
PEPPADEWS, CUCUMBER, SMOKED SALMON, AVO AND SUSHI
MAYO, FINISHED OFF WITH CAVIAR



FILLET KEBABS

SLICES OF BEEF FILLET, SKEWERED WITH BABY MARROW, RED
PEPPER AND ONION



ZESTY AVOCADO BRUSCHETTA

CRISPY TOASTED BAGUETTE, RUBBED WITH GARLIC, TOPPED
WITH OUR HOMEMADE ZESTY AVO (AVO, LEMON, FRESH HERBS,
A HINT OF CHILLI, TOMATO)



PRAWN & CHORIZO

QUEEN PRAWNS AND CHORIZO SAUSAGE, SPICED WITH
MOROCCAN SPICE, GARLIC AND CHILLI, GRILLED TO PERFECTION



COCKTAIL BRUSCHETTA

CRISPY GARLIC BUTTER BRUCHETTA, TOPPED WITH ROASTED
COCKTAIL TOMATOES, CREAM CHEESE AND ROCKET



R685

**SERVES
6-8 PEOPLE**

RECOMMENDED:

CHECK OUT OUR DELI TUBS IN OUR
RETAIL CONVENIENCE ALLEY FOR
TOP UPS TO THE PLATTER OR FRESH
BREADS FROM THE BAKERY

FILLINGS CAN BE SUBSTITUTED WITH OTHER OPTIONS, TO FIT DIETARY REQUIREMENTS



THE VEGETARIAN PLATTER

Crunch, dip, repeat!
heaven on a platter

SHARING IS CARING

WHAT'S INSIDE

HUMMUS

A DIP MADE FROM MASHED CHICKPEAS BLENDED WITH TAHINI (SESAME SEED PASTE), OLIVE OIL, GARLIC, LEMON AND SEASONINGS



TZATZIKI

A GREEK DIP MADE FROM GREEK YOGHURT, CUCUMBERS, GARLIC, AND MINT



ZESTY CREAM CHEESE DIP

TANGY DIP MADE BY BLENDING CREAM CHEESE, LEMON JUICE AND RIND AND A HINT OF FRESH CHILLI



DOLMADES

GRAPE VINE LEAVES STUFFED WITH A MIXTURE OF SEASONED RICE PRESERVED IN OLIVE OIL



CRUDITÉ VEGETABLES

A SELECTION OF RAW SLICED VEGETABLES. THESE INCLUDE CARROTS, MIXED PEPPERS AND CUCUMBER



PEPPADEWS

LITTLE PICANTE PEPPERS MARINATED IN SWEET VINEGAR. TANGY WITH A BITE



R395

**SERVES
6-8 PEOPLE**

RECOMMENDED:

ADD AN EXTRA BAGUETTE OR BRUSCHETTAS FOR SPREADING

FILLINGS CAN BE SUBSTITUTED WITH OTHER OPTIONS, TO FIT DIETARY REQUIREMENTS



THE TAPAS PLATTER

The ultimate social
platter

40 PIECES

WHAT'S INSIDE

ANTIPASTO KEBABS

SKEWERED LAYERS OF OLIVES, ARTICHOKE, EMILIANO
HAM, SALAMI, PEPPADEWS AND MOZZARELLA



WAFFLE MEZZE

MINI WAFFLES WITH THREE FILLINGS CONSISTING OF
SMOKED SALMON, CAPERS & CREAM CHEESE



BOBOTIE SPRINGROLLS

OUR HOMEMADE BOBOTIE IS SPICED TRADITIONALLY,
ROLLED IN SPRING ROLL PASTRY AND FRIED TILL
GOLDEN BROWN. SERVED WITH SWEET CHILLI SAUCE



SWEET POTATO FOCACCIAS

MINI FOCACCIA, TOPPED WITH SWEET POTATO,
JALAPEÑO AND CARAMELIZED ONIONS



MEATBALL KEBABS

KEBAB-STYLE SKEWERED MEATBALLS, COCKTAIL
TOMATOES, FARFALLE PASTA AND BASIL PESTO



R525

SERVES
6-8 PEOPLE

RECOMMENDED:

CHECK OUT OUR DELI TUBS IN OUR
RETAIL CONVENIENCE ALLEY FOR
TOP UPS TO THE PLATTER OR
FRESH BREADS FROM THE
BAKERY

FILLINGS CAN BE SUBSTITUTED WITH OTHER OPTIONS, TO FIT DIETARY REQUIREMENTS



BUILD YOUR OWN

NIBBLES @ R12 EACH

MEDITERRANEAN FOCCACIA
SOET-PATAT FOCCACIA
CHICKEN KEBABS

BITES @ R14 EACH

BEEF KOFTA
MEATBALL KEBABS

MORSELS @ R18 EACH

SMOKED SALMON BRUSCHETTA
CAPRESE KEBABS
ANTIPASTO KEBAB
CALAMARI & CHORIZO BRUSCHETTA

FULL PLATTER = 40 PIECES
HALF PLATTER = 20 PIECES

TREATS @ R20 EACH

BEEF SIRLOIN KEBABS
BOBOTIE SPRINGROLLS
SPANAKOPITA CIGARS
WAFFLE MEZZE
SUSHI CANAPE
ASIAN PORK RIBS
SMOKED SNOEK BRUSCHETTA
COCKTAIL BRUSCHETTA
SMOKED CHEESE GRILLER PASTRY
ZESTY AVO BRUSCHETTA
ITALIAN BRUSCHETTA

SIGNATURE @ R25 EACH

MINI PREGO ROLLS
BEEF FILLET KEBABS
PRAWN & CHORIZO SKEWER



Pick it, mix it, love it!



KNYSNA OYSTERS

WE PACK OUR OYSTERS IN AIRTIGHT FOAM BOXES,
ENSURING THAT WHEN YOU GET HOME, THEY ARE
STILL COLD, FRESH AND DECADENT.

THE OYSTERS ARE SERVED ON ICE WITH
LEMON WEDGES.

COASTAL OYSTERS

THESE OYSTERS ARE HARVESTED ALONG THE
COASTLINE OF THE GARDEN ROUTE. COCKTAIL
OYSTERS ARE THE SMALLER SIZE BUT STILL
HAVE ALL THE FLAVOUR

COASTAL COCKTAIL R15 EACH

COASTAL MEDIUM R32 EACH

COASTAL LARGE R40 EACH

CULTIVATED

THESE OYSTERS ARE FARMED ON INTER-
TIDAL RACKS IN THE COLD ATLANTIC WATERS
OF SALDANHA BAY. THEY HAVE A SLEEKER
LOOKING, SMOOTHER SURFACE

MEDIUM R28 EACH



ALL OUR OYSTERS ARE KEPT ALIVE IN
OUR OYSTER TANKS, SO THEY ARE
SERVED AT THEIR FRESHEST



34 SUSHI

MADE FOR SHARING

32 PIECES R395

RAINBOW PLATTER

SALMON RAINBOW ROLL, CRISPY
TUNA CALIFORNIA, SALMON NIGIRI,
TUNA NIGIRI, SALMON SASHIMI,
TUNA SASHIMI

49 PIECES

R450

SUZI PLATTER

RED RAINBOW ROLL, CRISPY SALMON CALIFORNIA
ROLL, SHRIMP TEMPURA, 16 PANKO PRAWNS,
VEGETARIAN CALIFORNIA ROLLS, GREEN
RAINBOW ROLLS, AVO & CUCUMBER HANDROLL

65 PIECES

R695

MOUNT FUJI

SALMON NIGIRI, PRAWN NIGIRI, SALMON ROSES,
RED RAINBOW ROLLS, JOJO ROLLS, CRISPY
CALIFORNIA ROLL, RAINBOW SANDWICHES,
PRAWN MAKI, SALMON MAKI, PRETZEL
CRUNCH



**GINGER, WASABI, SOY SAUCE
& CHOPSTICKS INCLUDED**



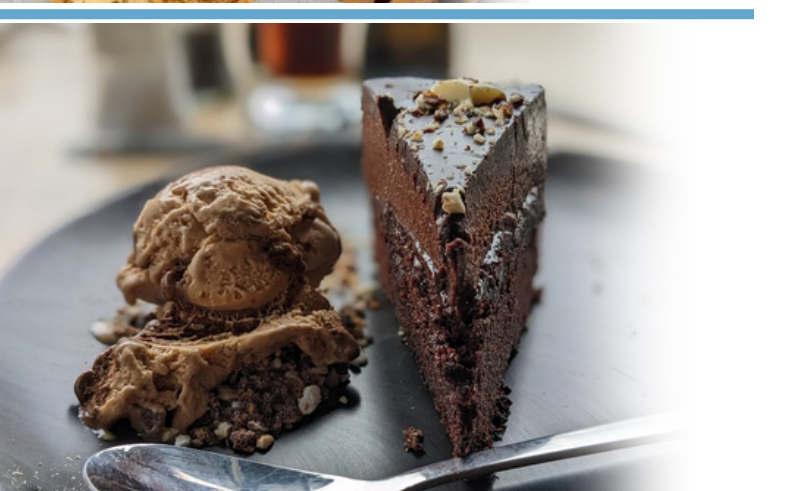


**WE HAVE A SELECTION OF MINI
DESSERTS AND PASTRIES
AVAILABLE TO BUILD THE
PERFECT DESSERT PLATTER
SEE SELECTION AT THE BAKERY**

**ALSO FULL-SIZE (30CM)
CHEESECAKES & CAKES
AVAILABLE**



**LITTLE BITES OF HAPPINESS
DECADENT
DESSERTS
BUILD YOUR PLATTER**





PARTY SALADS

FRESHNESS YOU CAN PASS AROUND

**CHOOSE FROM OUR FRESH
SALAD SELECTIONS:**

**GREEK, POTATO,
MEDITERRANEAN COUSCOUS,
BASIL PASTA, PEACH CURRY
PASTA, ZESTY COLESLAW
AND MANY MORE.**

**ALTERNATIVELY, TELL US
YOUR FAVOURITE SALAD
COMBINATION, AND WE WILL
BUILD IT.**

**THE
OPTIONS
ARE
ENDLESS.**



ADD ONS

THE PERFECT FINISHING TOUCHES!



DELI ITEMS

**FROM PRAWN COCKTAIL TO
PICKLED FISH OR JUST SOME
OLIVES. WE HAVE IT ALL.
DOLMADES, ARTICHOKEs, SALMON
GRAVLAX AND ROLLMOPS**

ARTISAN BREAD

**ROSEMARY BAGUETTES,
BURGER ROLLS, PANINI, WRAPS.
NACHO CHIPS, CROISSANTS,
FLATBREADS, AND
BREADSTICKS
ALL FRESHLY HOME-MADE.**



DIPS & SPREADS

**HUMMUS, TZATZIKI, LABNEH,
SNOEK PÂTÉ, CHICKEN LIVER
PATÉ OR BASIL PESTO.**

**WE STOCK THEM ALL AND MADE
IN-HOUSE**



044 382 7331



076 598 7304



antoinette@34south.biz



www.34south.biz



Shop 19, Knysna Quays,
Waterfront drive, Knysna

ORDER NOW

**FOR ENQUIRIES AND QUOTES:
ASK FOR ANTOINETTE, NAZEEM OR GEORGE**

