



# BREAKFAST MENU

**Breakfast and Drink - R110.00  
per person**

## CHOICE OF A BREAKFAST

### 34 SOUTH BREAKFAST

*Eggs, bacon, tomato, chips, toast & jam.*

### BANANA FLAPJACK

*Crispy bacon, banana, cinnamon & syrup on flapjacks.*

### MINCE ON TOAST

*Two slices of toast, Mexican mince, one egg, peppadews.*

### FRENCH TOAST

*Challah French toast, Apricot, bacon & thyme compote and vanilla mascarpone.*

### BREAKFAST CROISSANT

*Croissant, streaky bacon, scrambled egg, fried tomato, caramelized onions and mushrooms.*

## CHOICE OF A DRINK

### CAPPUCCINO

### AMERICANO

### TEA

*Rooibos, Ceylon, Green, Earl Grey*

### CAFE LATTE

### HOT CHOCOLATE

*ALL BREAKFASTS ARE SERVED WITH A SMALL JUICE  
OF THE DAY*

**Menu price exclusive of gratuity**

**Breakfast menu served 08:30 am - 11:00 am**

**We would appreciate it if large groups (15+) would send us a pre-order, which will assist us in providing faster service.**

**Tel: 044 382 7331 | [dewald@34south.biz](mailto:dewald@34south.biz) [www.34south.biz](http://www.34south.biz)**



# LUNCH MENU

**2 Course - R195.00 per person**

## CHOICE OF A STARTER

### GREEK SALAD

*Fresh garden greens, onion, feta, tomato, cucumber, peppers and olives.*

### TOMATO SOUP

*Rich tomato soup, served with a cheese toastie.*

### SUSHI

*Four-piece California roll (Vegetarian or Prawn).*

### OYSTERS

*Three cocktail coastal oysters, served on ice, with lemon and tabasco.*

## CHOICE OF A MAIN

### PORK PIDE

*Pizza boat filled with mozzarella cheese, Korean pulled pork belly, sweet potato, & red chilli, served with Asian salad & dressing.*

### BURGER

*Sesame bun, tomato, lettuce & onion: Option of Beef, Chicken, or Hake. Served with chips.*

### HAKE

*Fresh hake (Grilled or fried), served with rice or chips, chunky salad and tartar sauce.*

### PIZZA

*Wood-fired pizza: Option of Seafood or Picante (chorizo, caramelised onions & rocket).*

### ENCHILADA

*Filled tortillas, topped with melted cheese, served with guacamole, sour cream, sweet potato and Mexican salad — a choice of chicken, beef or vegetarian.*

**Menu price exclusive of gratuity**

**Breakfast menu served 08:30 am - 11:00 am**

**We would appreciate it if large groups (15+) would send us a pre-order, which will assist us in providing faster service.**

**Tel: 044 382 7331 | [dewald@34south.biz](mailto:dewald@34south.biz) [www.34south.biz](http://www.34south.biz)**



**3 Course - R215.00 per person**

## CHOICE OF A STARTER

### CALAMARI RINGS

*Fried Calamari rings savoury rice & tartar sauce.*

### TOMATO SOUP

*Rich tomato soup served with a cheese toastie.*

## CHOICE OF A MAIN

### NAPOLITANA PASTA

*Tomato Based pasta. Option of penne or linguini.*

### REGINA PIZZA (20CM)

*Italian tomato base with mozzarella cheese, ham and mushrooms.*

### PORK RIBS

*300g Pork ribs, BBQ basted, served with chips.*

### FRANKFURTER

*Grilled frankfurter sausage, served with chips.*

## CHOICE OF A DESSERT

### MILKTART

*Custard based South African dessert, flavoured with cinnamon and served with vanilla ice cream*

### MALVA PUDDING

*Hot baked dessert, a Traditional South African favourite, served with caramel sauce and vanilla ice cream.*

### ICE CREAM TRIO

*Three scoops of ice cream: Vanilla, Blueberry cheesecake and Rolo Chocolate.*

**Menu price exclusive of gratuity**

**Breakfast menu served 08:30 am - 11:00 am**

**We would appreciate it if large groups (15+) would send us a pre-order, which will assist us in providing faster service.**

**Tel: 044 382 7331 | [dewald@34south.biz](mailto:dewald@34south.biz) [www.34south.biz](http://www.34south.biz)**



# SET MENU 1

**3 Course - R240.00 per person**

## CHOICE OF A STARTER

### CALAMARI RINGS

*Fried Calamari rings, savoury rice & tartar sauce.*

### MUSSELS

*Eight steamed mussels, white wine & garlic sauce, savoury rice.*

### GREEK SALAD (V)

*Fresh garden greens, feta, tomato, cucumber and olives.*

### TOMATO SOUP (V)

*Rich tomato soup served with a cheese toastie.*

## CHOICE OF A MAIN

### HAKE

*Fried or grilled. Chips or rice, a chunky tomato & cucumber salad, and tartar sauce.*

### SPICY CHICKEN STIR-FRY

*Marinated chicken strips with fresh stir-fry vegetables in a spicy Asian sauce, served with basmati rice.*

### PASTA MARINARA (V)

*Penne pasta with tomato marinara sauce, courgettes, red peppers and feta.*

### BURGER

*Sesame bun, tomato, lettuce, onion. Choice of beef, chicken or fish.*

## CHOICE OF A DESSERT

### MILKTART

*Sweet custard tartlet, flavoured with cinnamon and served with vanilla ice cream.*

### ICE CREAM

*Vanilla ice cream, topped with chocolate sauce and cookie crumbs.*

**Menu price exclusive of gratuity**

**Breakfast menu served 08:30 am - 11:00 am**

**We would appreciate it if large groups (15+) would send us a pre-order, which will assist us in providing faster service.**

**Tel: 044 382 7331 | [dewald@34south.biz](mailto:dewald@34south.biz) [www.34south.biz](http://www.34south.biz)**





# 34 SET MENU 2

**3 Course - R260.00 per person**

## CHOICE OF A STARTER

### SUSHI

*Four-piece California roll, filled and topped with salmon and avocado.*

### OYSTERS

*Four Cocktail Coastal oysters served on ice with lemon and Tabasco.*

### SOET PATAT FOCCACIA (V)

*Mini Foccacia, topped with soet patat, caramelised onions, jalapenos and feta cheese.*

### SOUP OF THE DAY

*Delicious fresh soup served with bread and butter.*

## CHOICE OF A MAIN

### HAKE PARMESAN

*Grilled hake topped with marinara and parmesan crumbs, served on basil pesto pasta and a creamy white wine sauce.*

### CALAMARI RINGS

*Deep-fried Ilex calamari, served with chips or rice, a chunky salad and tartar sauce.*

### SEAFOOD PASTA

*Rich tomato based sauce, with a medley of seafood, prawns and mussels. Linguini or penne.*

### MILD CHICKEN CURRY

*Mild & fragrant curry with chicken, sweet potato, served with coriander yoghurt and poppadum's.*

## CHOICE OF A DESSERT

### CARROT BUNDT CAKE

*Classic carrot cake in a mini Bundt form, topped with cream cheese icing and pecan nuts and served with vanilla ice cream.*

### FRUITY CHEESECAKE

*Mini fridge cheesecake, topped with fruit compote, served with vanilla ice cream.*

**Menu price exclusive of gratuity**

**Breakfast menu served 08:30 am - 11:00 am**

**We would appreciate it if large groups (15+) would send us a pre-order, which will assist us in providing faster service.**

**Tel: 044 382 7331 | dewald@34south.biz www.34south.biz**





# 34 SOUTH The Market SET MENU 3

**3 Course - R350.00 per person**

## CHOICE OF A STARTER

### SUSHI (V)

*Four-piece California roll, topped and filled with cream cheese, avocado and peppadew.*

### OYSTER SOUP

*Rich, creamy soup with a fresh cocktail oyster inside, served with croutons.*

### PRAWN & AVO SALAD

*Fresh garden greens, prawn tails in seafood sauce, avocado, lemon and fennel.*

### ATHENS MEZZE

*Dolmades, taramasalata, tzatziki, feta and rock salt baguette.*

## CHOICE OF A MAIN

### 34 SOUTH CHICKEN

*Half chicken, grilled crispy, served with 34 chips and chunky salad — a choice of BBQ or peri-peri.*

### LINEFISH

*Fresh fish of the day, grilled and served with rice or chips, a chunky salad, and tartar sauce.*

### ROAST PATAT (V)

*Roasted patat, topped with mixed vegetables, basil pesto and melted cheese, served with guacamole, sour cream and a small salad.*

### PRAWN CURRY

*Quayside prawn curry, partially deshelled, with a mild coconut curry sauce, basmati rice and poppadums.*

## CHOICE OF A DESSERT

### FRESH FRUIT CREPES

*Two Crepes filled with vanilla mascarpone & fresh fruit drizzled with berry sauce and served with blueberry cheesecake ice cream.*

### DEATH BY CHOCOLATE

*Dark chocolate mousse covered with ganache served with vanilla ice cream.*

**Menu price exclusive of gratuity**

**Breakfast menu served 08:30 am - 11:00 am**

**We would appreciate it if large groups (15+) would send us a pre-order, which will assist us in providing faster service.**

**Tel: 044 382 7331 | [dewald@34south.biz](mailto:dewald@34south.biz) [www.34south.biz](http://www.34south.biz)**





# 34 SET MENU 4

**SOUTH**  
*The Market*

**3 Course - R380.00 per person**

## CHOICE OF A STARTER

### SUSHI

*Four-piece crispy fried salmon fashion sandwiches, topped with sushi mayo and caviar*

### OYSTERS

*Four medium coastal oysters served on crushed ice, with lemon and tabasco*

### VEGETARIAN MEZZE (V)

*Hummus, tzatziki, labneh dip, roast vegetables, sundried tomatoes, artichokes, avocado and rosemary baguette*

### SEAFOOD BISQUE

*Rich seafood soup made from line fish and shrimp*

## CHOICE OF A MAIN

### KINGKLIP

*Fresh kingklip grilled in olive oil, served with savoury rice, a small Greek salad and tartar sauce.*

### SIRLOIN

*250g Beef sirloin, BBQ basted, served with chips and a chunky salad.*

### SEAFOOD GUMBO

*Mild seafood & chorizo curry served with basmati rice, fresh coriander and poppadums.*

### CAPRESE PIDE (V)

*Pizza boat, filled with rainbow tomatoes, mozzarella, served with basil pesto and parmesan cheese.*

### CALAMARI STEAKS

*Grilled in olive oil, served with chips or rice, chunky salad and tartar sauce.*

## CHOICE OF A DESSERT

### NUTELLA GATAEUX

*Layers of chocolate brownie, Nutella mousse and chocolate ganache, served with Rolo ice cream.*

### CARAMEL CHEESECAKE

*Classic baked cheesecake topped with caramel and caramel popcorn served with vanilla ice cream.*

**Menu price exclusive of gratuity**

**Breakfast menu served 08:30 am - 11:00 am**

**We would appreciate it if large groups (15+) would send us a pre-order, which will assist us in providing faster service.**

**Tel: 044 382 7331 | [dewald@34south.biz](mailto:dewald@34south.biz) [www.34south.biz](http://www.34south.biz)**



# 34 SOUTH The Market SET MENU 5

**4 Course - R650.00 per person**

## FIRST COURSE

### OYSTER EXPERIENCE

*One cocktail coastal, one medium coastal, one large coastal, one medium cultivated, served with rosemary baguette.*

## SECOND COURSE

### MIXED MEZZE

*Variety of mezze, ranging from vegetarian, seafood, meats and cheese. It was served with freshly baked bread and butter.*

## THIRD COURSE

**CHOOSE ONE OF THE FOLLOWING**

### QUEEN PRAWNS

*Ten queen prawns, served with a choice of starch, chunky salad and a variety of sauces.*

### SEAFOOD POT

*Calamari, mussels, line fish & prawns in a creamy sauce, served with basmati rice.*

### FILLET MARROW

*200g Beef fillet served on baked sweet potato, topped with bone marrow butter, served with roasted vegetables and a black pepper sauce.*

### ROAST PATAT (V)

*Roasted patat, topped with mixed vegetable, basil pesto and melted cheese, served with guacamole, sour cream and a small salad.*

### LINE FISH ESPETADA

*Skewered line fish, roasted peppers, onion. Grilled and drizzled with garlic butter, served with a choice of starch and a chunky salad.*

## FOURTH COURSE

**CHOOSE ONE OF THE FOLLOWING**

### NUTELLA GATAEUX

*Layers of chocolate brownie, Nutella mousse and chocolate ganache, served with Rolo ice cream.*

### CARAMEL CHEESECAKE

*Classic baked cheesecake topped with caramel and caramel popcorn served with vanilla ice cream.*

### FRESH FRUIT CREPES

*Two Crepes filled with vanilla mascarpone & fresh fruit drizzled with berry sauce and served with blueberry cheesecake ice cream.*

**Menu price exclusive of gratuity**

**Breakfast menu served 08:30 am - 11:00 am**

**We would appreciate it if large groups (15+) would send us a pre-order, which will assist us in providing faster service.**

**Tel: 044 382 7331 | [dewald@34south.biz](mailto:dewald@34south.biz) [www.34south.biz](http://www.34south.biz)**



# THE GREENHOUSE

**3 Course - R245.00 per person**

## CHOICE OF STARTER

### RED RAINBOW ROLL SUSHI (4PC)

*Seaweed & rice rolls, filled and topped with cream cheese, avocado, cucumber and peppadew*

### GREEK SALAD

*Fresh garden greens, feta, tomato, cucumber and olives*

### FOCCACIA SOET PATAT

*Pizza base with herb oil, sweet potato, caramelized onions, feta, mozzarella & jalapenos*

## CHOICE OF MAIN

### VEGETARIAN PIZZA

*Tomato base, medley of roasted vegetables, basil pesto and feta cheese*

### ROAST VEGETABLE PATAT

*Roasted patat topped with roasted vegetables, sun-dried tomato, basil pesto and melted cheese*

### PASTA MARINARA

*Penne pasra with tomato marinara sauce, courgettes, red peppers and feta*

### TOFU POKE BOWL

*Sushi rice, edamame beans, radish, carrot, cucumber, spring onion, mange-tout, avocado, red cabbage and marinated tofu*

## CHOICE OF DESSERT

### FRUITY CHEESECAKE

*Mini fridge cheesecake, topped with berry compote, served with Vanilla ice cream*

### APPLE CRUMBLE

*Individually baked mini apple tartlets, served with vanilla ice cream*

**Menu price exclusive of gratuity**

**Breakfast menu served 08:30 am - 11:00 am**

**We would appreciate it if large groups (15+) would send us a pre-order, which will assist us in providing faster service.**

**Tel: 044 382 7331 | [dewald@34south.biz](mailto:dewald@34south.biz) [www.34south.biz](http://www.34south.biz)**

# THE HERBIVORE

**3 course -R220.00 per person**

## CHOICE OF STARTER

### VEGETABLE CALIFORNIA SUSHI (4PC)

*seaweed & rice rolls, filled with cucumber and avocado*

### GREEK SALAD

*Fresh garden greens, feta, tomato, cucumber and olives*

### TOMATO SOUP

*Rich tomato soup, served with a grilled cheese*

## CHOICE OF MAIN

### TRAMEZZINI & CHIPS

*Sundried tomato, cream cheese, basil pesto and avocado*

### ROAST VEGETABLE PATAT

*Roasted patat topped with roasted vegetables, sun-dried tomato, basil pesto and melted cheese*

### CAPRESE PIDE

*Pizza crust filled with tomato, basil, buffalo mozzarella, parmesan and pesto*

### VEGETABLE ENCHILADAS

*Tortillas filled with mixed roasted vegetables, topped with melted cheese, served with Mexican salsa, guacamole and sour cream.*

## CHOICE OF DESSERT

### TRADITIONAL MILK TARTLET

*Mini traditional South African custard dessert, flavoured with cinnamon, served with vanilla ice cream.*

### ICE CREAM & CHOCOLATE SAUCE

*Vanilla Ice cream with home-made chocolate sauce*

**Menu price exclusive of gratuity**

**Breakfast menu served 08:30 am - 11:00 am**

**We would appreciate it if large groups (15+) would send us a pre-order, which will assist us in providing faster service.**

**Tel: 044 382 7331 | [dewald@34south.biz](mailto:dewald@34south.biz) [www.34south.biz](http://www.34south.biz)**





# 34 THE PLANTER

SOUTH  
The Market

**3 Course - R265.00 per person**

## CHOICE OF A STARTER

### GREEN RAINBOW ROLL SUSHI (4PC)

*Seaweed & rice rolls, filled and topped with avocado, cucumber and rocket*

### VEGETABLE MEZZE

*Hummus, tzatziki, roast veg, labneh, rosemary baguette*

### SPICY BITES & BALLS

*Fried beer battered jalapenos, deep fried cream cheese & jalapeno balls with a garlic & herb sauce*

## CHOICE OF A MAIN

### CHICKPEA & VEGETABLE CURRY

*Tomato based chickpea curry with mixed vegetables, served with basmati rice and poppadums*

### ROAST VEGETABLE PATAT

*Roasted patat topped with roasted vegetables, sun-dried tomato, basil pesto and melted cheese*

### NACHOS

*Home-made tortilla chips topped with red onion, jalapenos, and melted cheese. Served with guacamole, sour cream and salsa*

### VEGETABLE POKE ROLL

*Sushi rice, edamame beans, radish, carrot, cucumber, spring onion, mange-tout, avocado, red cabbage and corn, all wrapped up in a roll and panko fried.*

## CHOICE OF A DESSERT

### CARROT BUNDT CAKE

*Individual carrot cake topped with cream cheese frosting and crushed nuts.*

### PASTEI DE NATA

*Baked Portuguese tart, served with vanilla ice cream*

**Menu price exclusive of gratuity**

**Breakfast menu served 08:30 am - 11:00 am**

**We would appreciate it if large groups (15+) would send us a pre-order, which will assist us in providing faster service.**

**Tel: 044 382 7331 | dewald@34south.biz www.34south.biz**