

JUICE BAR & SMOOTHIE MENU

DAILY FRESH JUICE R40

Create your own fresh juice with our seasonal fruits available

EXAMPLES:

Pineapple

Sweet Melon

Apple

Strawberry

Pear

Peach

Water Melon

COCKTAIL OF THE DAY R40

Please ask your waitron for the juice blend of the day.



COLD PRESSED JUICES

- Prevents enzyme damage
- Reduces oxidation
- No heat damage, minimal separation
- Provides increased natural vitamins, minerals, amino acids and much more
- Lasts up to 72 hours in the fridge

Detoxifier

Pineapple, cucumber, mint, pear

Energy Booster

Orange, lime, carrot

Green Giant

Celery, cucumber, apple, spinach, parsley

FRUIT SALAD BAR R12/100g

Create your own fruit salad from our seasonal fruits available.



COLD PRESSED COMBOS R45

Take away only -
In 250ml glass bottles



SUMMER SMOOTHIES R50

Mixed Berry, Mango & Passion Fruit, Death by Chocolate

