

# BREAKFAST

<b>Cappuccino with Choice of Pastries</b>	34
Choose between a savoury croissant, 3 mini Danishes or rusks.	
<b>Freshly-baked Croissant</b>	45
Served with Gouda cheese and homemade jam	
<b>Folded Flat Bread Breakfast</b>	110
Filled with crispy streaky bacon, soft poached egg, zesty avo and char-grilled cocktail tomatoes (optional - cream cheese and/or Manie's Muti)	
<b>Toast Platter &amp; Cappuccino</b>	65
Assorted toasted freshly baked breads. Served with cheese, Bovril and Anchovette	
<b>Bruschetta Platter</b>	65
Zesty avo, Italian salsa, smoked trout and cream cheese	
<b>Banana Flap Jack</b>	80
Served with crispy streaky bacon, banana, cinnamon & maple syrup	

<b>Gourmet Salmon Bagel/Croissant</b>	135
Freshly baked bagel or croissant topped with lightly smoked salmon, wasabi cream cheese, julienne veg, pickled ginger and avocado	

<b>34 South Breakfast (08:30 - 11:30)</b>	90
2 eggs scrambled or fried, 4 rashers of streaky bacon, fried tomato, 34 South chips, freshly toasted bread and homemade jam	

<b>Breakfast Pizza</b>	110
Italian tomato, mozzarella, bacon, mushrooms, caramelized onions topped with 2 sunny side up eggs	

<b>Breakfast Croissant/Sesame Roll</b>	95
Streaky bacon, scrambled egg, fried tomato, grilled mushrooms and caramelized onions	

<b>GOURMET OMELETTES (08:30 - 11:30)</b>	44
Fluffy 3 egg omelette served with toast and home-made jam.	

## ADD FILLING OF YOUR CHOICE

Fresh tomato	10	Gouda cheese	25
Onion slivers	10	Danish feta	25
Mixed peppers	18	Gypsy ham	25
Mushrooms	22	Bacon	25
Fresh avocado	25	Mexican mince	30

## FRUIT SALAD BAR R20/100G

Create your own fruit salad from our seasonal fruits available.



## DAILY FRESH JUICE R30



# TRAMMEZINIS



Chicken and mayonnaise	70
Bacon, avocado, peppadew & mozzarella	90
Ham, cheese & tomato	80
Sun-dried tomato, cream cheese, basil pesto & avo	95
Peanut butter, fried banana, streaky bacon & syrup	70
Mexican mince	85

TRAMEZZINI CHIPS **R15**

# FLAME GRILLED KEBABS

Available from 11h30

All our Kebabs are flame-grilled and served with our 34 South chips, deep-fried onion rings and topped with sweet chilli mayo

<b>Beef</b>	155
300g Matured beef sirloin skewered with peppers and onion, grilled and basted with BBQ sauce .	
<b>Chicken</b>	125
300g Fresh chicken, served with pineapple, green pepper and onion, grilled and basted with your choice of BBQ or Peri-Peri sauce.	

# BURGERS & CHIPS

Available from 11h30

<b>Beef</b>	110
Homemade, 200g pure beef patty with 34 South attitude, flame grilled and served on a toasted seed bun, with lettuce, tomato, onion & tomato relish.	
<b>Cheese</b>	120
<b>Bacon and Avo Salsa</b>	130
<b>Jalapeno Bites and Cream Cheese</b>	130
<b>Green Fig and Camembert</b>	130
<b>Chorizo and Caramelised onions</b>	130
<b>Chicken Burger</b>	95
Flame grilled chicken breast with BBQ basting served on a toasted sesame bun with lettuce, tomato, onion, pineapple and homemade herb mayonnaise.	
<b>Calamari Burger</b>	115
Crumbed and fried Calamari steak with slaw, gherkins & homemade creamy mayo sauce served on a toasted sesame bun.	
<b>Prego Steak Roll</b>	110
150g Karan beef sirloin, matured for a minimum of 45 days, basted with 34 South peri-peri sauce and served on a fresh panini with lettuce, tomato & caramelised onion.	